# NONVIOLENCE

### NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict • accepting change • being willing to compromise.

### ECONOMIC PARTNERSHIP

Making money decisions together • making sure both partners benefit from financial arrangements.

#### NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

### RESPECT

Listening to her nonjudgmentally • being emotionally affirming and understanding • valuing opinions.

## **EQUALITY**

### SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work • making family decisions together.

### TRUST AND SUPPORT

Supporting her goals in life • respecting her right to her own feelings, friends, activities and opinions.

### RESPONSIBLE PARENTING

Sharing parental responsibilities • being a positive non-violent role model for the children.

### HONESTY AND ACCOUNTABILITY

Accepting responsibility for self • acknowledging past use of violence • admitting being wrong • communicating openly and truthfully.

NONVIOLENCE