

TALKING TO YOUR TEEN ABOUT DATING VIOLENCE

Although many adolescents who experience dating abuse will not talk to their parents about it, you can still

LOOK FOR WARNING SIGNS:

HUMILIATION
POSSESSIVENESS
JEALOUSY
ISOLATION INSULTS
PUSHING GUILTING
MANIPULATION

It's never too early to talk to your teens about healthy relationships & dating violence. Starting conversations is one of the most important steps you can take to help prevent dating violence.

QUESTIONS TO HELP YOU IDENTIFY WARNING SIGNS:

Does my child's partner...

- Embarrass or make fun of them in front of their friends, family, or teachers?
- Put down their accomplishments or goals?
- Blame them for bringing out the worst in him or her?
- Try to control what they do, say, wear, or spend?
- Isolate them from their friends and family?
- Make them feel like everything that doesn't go right is their fault?

Does my child...

- Sometimes seem scared of how their partner will act?
- Constantly make excuses to other people for their partner's behavior?
- Try not to do anything that would cause conflict or make their partner angry?
- Feel like no matter what they do, their partner is never happy with them?
- Always do what their partner wants to do instead of what they want to do?

STARTER QUESTIONS TO ASK YOUR CHILD:

- Are any of your friends dating? What are their relationships like? What would you want in a relationship?
- Have you witnessed dating violence at school or among friends? How did it make you feel?
- What would do if you witnessed or experienced abuse?
- What would you do if your partner posted things online that make you uncomfortable?
- Would you have the courage to tell your partner to stop if they were constantly texting you and asking what you are doing?

**IF YOU OR YOUR TEEN
NEED TO SPEAK WITH A
TEEN COUNSELOR,
FEEL FREE TO MESSAGE US
ON SOCIAL MEDIA OR CALL
OUR HOTLINE:**

@STARatHopesDoor
888-438-8700