

TALKING TO YOUR TEEN ABOUT DATING VIOLENCE

Although many adolescents who experience dating abuse will not talk to their parents about it, you can still

LOOK FOR WARNING SIGNS:

HUMILIATION
POSSESSIVENESS
JEALOUSY
ISOLATION INSULTS
PUSHING GUILTING
MANIPULATION

It's never too early to talk to your teens about healthy relationships & dating violence. Starting conversations is one of the most important steps you can take to help prevent dating violence.

QUESTIONS TO HELP YOU IDENTIFY WARNING SIGNS:

Does my child's partner...

- > Embarrass or make fun of them in front of their friends, family, or teachers?
- > Put down their accomplishments or goals?
- > Blame them for bringing out the worst in him or her?
- > Try to control what they do, say, wear, or spend?
- > Isolate them from their friends and family?
- > Make them feel like everything that doesn't go right is their fault?

Does my child...

- > Sometimes seem scared of how their partner will act?
- > Constantly make excuses to other people for their partner's behavior?
- > Try not to do anything that would cause conflict or make their partner angry?
- > Feel like no matter what they do, their partner is never happy with them?
- > Always do what their partner wants to do instead of what they want to do?

STARTER QUESTIONS TO ASK YOUR CHILD:

- > Are any of your friends dating? What are their relationships like? What would you want in a relationship?
- > Have you witnessed dating violence at school or among friends? How did it make you feel?
- > What would do if you witnessed or experienced abuse?
- > What would you do if your partner posted things online that make you uncomfortable?
- > Would you have the courage to tell your partner to stop if they were constantly texting you and asking what you are doing?

IF YOU OR YOUR TEEN
NEED TO SPEAK WITH A
TEEN COUNSELOR,
FEEL FREE TO MESSAGE US
ON SOCIAL MEDIA OR CALL
OUR HOTLINE:

@STARatHopesDoor
888-438-8700